Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-3. (Canceled)

Claim 4. (Currently Amended) A method of inhibiting aging, comprising the step of applying onto the skin a composition comprising one or a plurality of crude drugs, present in the amount of 0.0001 to 20.0 by mass % as a dry substance based on the total weight of the composition, selected from the group consisting of da zao extract, ginseng extract, roman chamomile extract, chlorella extract, coicis semen extract, and silk extract.

Claim 5. (New) The method of claim 4, wherein the one or a plurality of crude drugs is present in the amount of 0.0001 to 10.0 by mass % as a dry substance based on the total weight of the composition.